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# Kevin Richard Hotte

## CIRCULAR MOTION THE RHYTHM OF LIFE

An exploration of drumming, rhythm and life

*"Just imagine how much additional creativity we could tap into if we could free ourselves from ourselves?"*

*"Everything around us has rhythm. Some we choose to hear and some is blocked out by the restraints we place upon ourselves."*

*A fun, creative way to explore rhythm in everyday life.*

*Bond with friends, co-workers and colleagues.*

*Open doors to your own creativity.*

*Strengthen your corporate team.*

*Bring out the REAL "you".*

*Truly see life differently!*



**Kevin Richard during a performance of *Circular Motion*.**

## CIRCULAR MOTION

| 01

Circular Motion is a one hour musical workshop that is part education, part exploration, part entertainment and most importantly, all parts fun! It allows participants to break through their personal barriers by gently pulling them out of their shell to experience their environment in a totally new way. This is especially helpful if they have issues with shyness, social awkwardness, and inhibition. It has been well documented that these character traits often prevent people from excelling and achieving their optimum potential both personally and professionally. From a business standpoint, if they can leap over these often self-imposed barriers they have the potential to become even better performers. From a personal standpoint, understanding the rhythm of life and conquering their shyness through this new self-awareness will help to make them more socially comfortable and personally confident.

One of the key components of Circular Motion is the inter activity that is incorporated into it. The audience actually becomes the event. Through demonstration and participation, it becomes a drum circle, a history lesson, a study of basic communication, and an outlet for creative self-expression. By helping them to see and hear their environment differently, Kevin helps participants bring body, mind and spirit together.

## TEAM BUILDING AND BONDING

| 02

Through a series of stories and performance demonstrations Kevin teaches his audience the basics of creating and hearing rhythm. Next, assorted rhythm and percussion instruments are distributed to the audience. Kevin then leads the audience in the participation of a drum circle. It starts with a basic rhythm and evolves into whatever direction the audience decides to take it in. The result is a lot of fun as people begin to listen more closely to one another and begin to work together to create new rhythms. The intent is for everyone to "free themselves from themselves" and bring out their true creativity and emotion.

**"The fun and audience participation starts as everyone is given a percussion instrument; everything from hand drums, tambourines, cowbells and even common household items that make a percussive sound. They can even bring their own percussion instrument if they own one."**



## PACKAGES

| 03

### FOR BOOKINGS CALL: 905-397-6892

- 1 Hour Circular Motion Workshop \$ CALL
- One Man Show (see insert for description) \$ CALL
- Circular Motion Workshop + One Man Show \$ CALL
- Other options available to fit your needs

**A great addition to your corporate or special event.  
"Circular Motion is a reminder to everyone that if you've got a heartbeat then you have rhythm."**